

# Report on CCA Event: Mandala Art

11<sup>TH</sup> JULY, 2025

As part of the Co-Curricular Activities (CCA) program, students from D.El.Ed 1st and 2nd year actively participated in a creative and engaging event organized by the Institute of Vocational Studies on 11 July, 2025. The event was aimed at encouraging creativity, collaboration, and expression among the teacher trainees.

## Mandala Art Painting Activity

The first segment of the program featured a **Mandala Art Painting** session. Mandala art, known for its intricate and symmetrical designs, allowed students to express mindfulness and inner creativity through visual art. Both first-year and second-year D.El.Ed students displayed great enthusiasm and patience while working on their designs. The use of vibrant colors, symmetrical patterns, and personal interpretations reflected the deep engagement of the students. This activity not only enhanced students' artistic abilities but also served as a calming and therapeutic experience, promoting focus and mental well-being.

